



## Lifeguards I & II (Seasonal Lifeguards)

### DCR Parks and Recreation

#### Responsibilities

Lifeguards perform water rescues and administer required aid by using proper techniques and life saving equipment; enforce rules, regulations, policies and procedures relative to outdoor and indoor recreational activity. Patrol and inspect recreational areas such as pools, beaches, ponds and lakes to ensure the safety of the public.

Lifeguards respond to inquiries from the public and provide assistance when necessary. In inclement weather, Lifeguards may be expected to assist with general maintenance and upkeep of facilities and/or grounds. Lifeguards are expected to perform other related work as required.

**Lifeguard II:** Performs all duties listed above in addition to the following: Schedule and conduct water safety and/or lifeguarding programs for children and adults. May be required to supervise Lifeguards I.

#### Required Knowledge Skills and Abilities:

- Ability to follow oral and written instructions.
- Ability to work in a team setting environment.
- Ability to exercise sound judgment.

#### Minimum Entrance Requirements:

1. Current and valid certification from one of the following American Red Cross- Lifeguard Training or the YMCA – National Certified or Certified Lifesaving Instructor or Lifeguarding.
2. American Red Cross Certification: Basic Life Support CPR or CPR for the Professional Rescuer or AMERICAN HEART ASSOCIATION LEVEL C is acceptable.

#### **COMMUNITY CPR IS NOT ACCEPTED**

3. Current certification is Standard First Aid, Community First Aid and Safety or First Responder.
4. A yearly physical exam is required and is the responsibility of the applicant.

COMMONWEALTH OF MASSACHUSETTS · EXECUTIVE OFFICE OF ENERGY & ENVIRONMENTAL AFFAIRS

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Office of Energy & Environmental Affairs

Richard K. Sullivan, Jr., Commissioner  
Department of Conservation & Recreation

Documentation, signed by your attending physician, must be submitted.

**Additional Requirements for Lifeguards II:** Current Water Safety Instructor certification from American Red Cross.

**Written Exam:**

A written exam is required for all lifeguard candidates. The examination is based on information which may be taken directly from the American Red Cross, American Heart Association Manual or YMCA training manuals.

**Swim Test:**

This practical test is required every year.

The test includes:

A. 500 yd timed swim

B. Skills learned in candidate's Lifeguard course of instruction.

In event that you fail either test, you will be allowed the opportunity to retest.

You must re-take the entire test.

Must be 16 years of age by the date of hire to work.

**Working conditions:**

Lifeguards may be required to work outdoors in all types of weather work varied shifts and/or irregular hours and stand for prolonged periods of time.

**Salary is :** Lifeguard I \$942.11 bi-weekly

Lifeguard II \$1,011.03 bi-weekly

**TO APPLY:**

Please visit the State's Commonwealth Employment Opportunities (CEO) website for available positions and locations [www.mass.gov/ceo](http://www.mass.gov/ceo)

[www.mass.gov/dcr/employment.htm](http://www.mass.gov/dcr/employment.htm).

DCR is an Affirmative Action/Equal Opportunity Employer.