

Welcome to DCR's Ames Nowell State Park

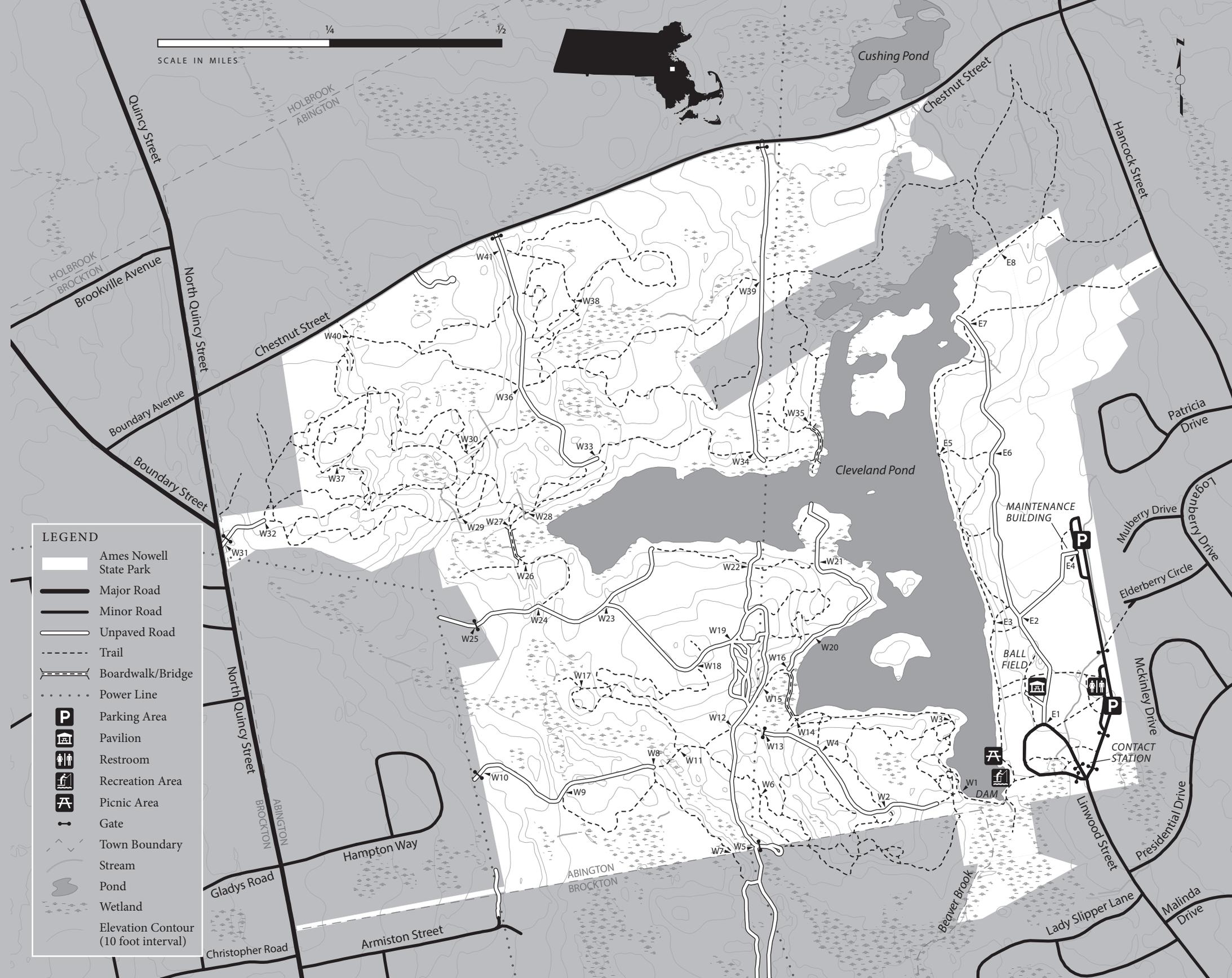
Ames Nowell is a year-round day use area with recreational activity (including non-motorized boating and fishing) centered around Cleveland Pond. Facilities include a picnic area, ball field and several miles of trails along the pond edge and the surrounding woods.

The park is part of the Massachusetts state park system and is managed by the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs.

DCR oversees 450,000 acres of parks, forests, beaches, bike trails, watersheds, and dams. Its mission is to protect, promote, and enhance the state's natural, cultural, and recreational resources. To learn more about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit www.mass.gov/dcr.

TRAIL USE GUIDELINES AT AMES NOWELL

- Stay on designated trails and roads.
- Observe all posted rules and regulations.
- **Off-Road Vehicle (ORV) use not permitted.**
- Be respectful of other trail users:
Hikers: Allow bicyclists and equestrians to pass.
Bicyclists: Control your bike—do not skid. Avoid startling horses and hikers—announce your presence.
Equestrians: Control your horse.



TRAIL MAP