

Welcome to the Appalachian Trail

The Appalachian National Scenic Trail runs 2,175 miles from Springer Mountain in Georgia to Mount Katahdin in Maine. It is exclusively for hiking and traverses through the wild, scenic, wooded, pastoral and culturally significant lands of the Appalachian Mountains.

In Massachusetts, ninety miles of this trail run along the ridges and traverse the valleys of the Berkshires through a patchwork of protected state and federal lands. This brochure contains information and guidelines to help you plan your hike on the Appalachian Trail. Enjoy your hike and the beauty of the Berkshires!

Conceived in 1921 by Massachusetts native Benton MacKaye, the trail was designed to provide a place for city dwellers to reconnect with nature in the forests and ridgetops of the Appalachian Mountains. In 1968, the footpath was officially designated a National Scenic Trail, and in 1969 the Massachusetts Department of Conservation and Recreation (DCR) enacted legislation to protect the Appalachian Trail. In 1978, DCR, in cooperation with the National Park Service (NPS), initiated a land acquisition program to provide a protected corridor of land for the trail.

The Appalachian Trail in Massachusetts provides a broad array of hiking opportunities for both the long-distance hiker and the day hiker. A cabin, shelters, tent platforms and campsites with outhouses are found along the trail for overnight and extended trips.

Caring for the Trail

A unique and cooperative management effort exists between the Massachusetts Department of Conservation and Recreation, National Park Service, Appalachian Trail Conference, and the Appalachian Mountain Club. Trail maintenance is carried out by AT Committee volunteers of the AMC-Berkshire Chapter and DCR's Ridgerunners. Corridor monitoring of both state and federal corridor trail lands is accomplished by AMC-Berkshire Chapter volunteers.



Bascom Lodge atop Mt. Greylock offers information, food and lodging for visitors.

If you notice any problems on the trail, you can contact either:

**Department of Conservation and Recreation
West Regional Office**, 740 South St./Box 1433,
Pittsfield, MA 01202, 413-442-8928; or
AMC Regional Office, 62 Undermountain Rd./
Box 131, South Egremont, MA 01258, 413-528-8003.

If you would like to become involved in the stewardship of this National Scenic Trail in Massachusetts, contact:

AMC Berkshire Chapter, AT Committee,
Box 2281, Pittsfield, MA 01202, or visit
www.amcberkshire.org/at, or the DCR/AMC
Regional Offices listed above.

How you can help

1. Become a trail maintainer—volunteer to adopt a small section of the trail and help keep it free of brush, blowdowns and water erosion.
2. Become a corridor monitor—volunteer to adopt a small section of trail corridor lands and hike its boundaries looking for and reporting signs of incompatible uses and encroachments.
3. Be considerate of the trail lands as you hike. Leave the flowers, plants and trees for the enjoyment of the people who will follow you. Take only photographs—leave only footprints.

Visitor Guidelines

- Carry out everything that you carry in to keep lunch spots and overnight areas clear of litter.
- Park your car only in designated areas indicated on the map or in the MA-CT Appalachian Trail guidebook. If you are not sure, check with local residents, police, or DCR West Regional Office in Pittsfield (for state forest areas) before you leave your car.
- Stay on the trail. The footpath is marked with white rectangular blazes. Side trails are marked with blue blazes. Please stay away from residences adjacent to the trail.
- Camp only in designated areas. AMC and DCR encourage the use of a lightweight camping stove for cooking. Open fires are only allowed at the designated campsites and shelters, using fallen wood only.
- To avoid contamination of the water supply, wash yourself and your dishes at least 200 feet from the water source. Treat all water before consumption.
- Move at least 50 feet from the trail and 200 feet from water to bury human waste for proper decomposition; or use privy where available.
- Travel in small groups; no more than 10 people for camping.
- State and Federal law prohibits vehicles and horses on the trail. This includes mountain bicycles. Foot travel only.
- Pets should be kept under control at all times.
- Maximum stay of two consecutive nights at any overnight site.

More Information

Visit mass.gov/dcr or amcberkshire.org. Detailed maps and guides for the Appalachian Trail are published by the Appalachian Trail Conference. Copies of the ATC Guide to the Appalachian Trail in Massachusetts and Connecticut are available in bookstores, or online at appalachiantrail.org.

Cover photo: A hiker rests at the summit of Mount Greylock.

(Gene Peach/DCR)



Appalachian Trail

i n m a s s a c h u s e t t s



- 88.7 End mileage at Vermont Border
- 87.4 East Mountain:
- 87.4 Pine Cobble Trail: **P**
- Pine Cobble: (.5m)
- 86.4 Sherman Brook:
- Pete's Spring
- 84.6 Greylock Community Club, U.S. 2: **P**
- 83.7 Pattison Rd. **P**

- 81.8 Mt. Prospect:
- 81.6 Wilbur Clearing: **S** (3m)
- 80.6 Mt. Williams: (.3m)

- 78.2 Mt. Greylock: **P**
- Hopper Trail to Sperry
- Campground: (1.5m) **P**
- 76.0 Saddle Ball Mountain:
- 75.0 Mark Noepel: **S**

- 69.8 Ashuwillticook Rail Trail: **P**
- 68.6 Cheshire Cobbles:

- 66.6 Gore Pond
- 65.7 Crystal Mountain:
- 61.9 Gulf Road: **P**

- 59.0 Kay Wood: **S**
- 56.3 Warner Hill:
- 55.6 Blotz Road: **P**

- 52.4 Pittsfield Road: **P**

- 50.2 October Mountain: **S**

- 46.0 Finnerly Pond:

- 43.0 U.S. 20: **P**

- 41.4 Upper Goose Pond: (.5m)

- 33.0 Tyringham Cobble:
- 31.5 Shaker:

- 27.4 Mt. Wilcox, N: **S**
- 25.6 Mt. Wilcox, S: **S**
- 24.4 Bennedict Pond: **P**

- 22.3 Rte. 23: **P**

- 21.5 Lake Buel Road: **P**

- 20.4 Tom Leonard: **S**
- 17.8 East Mtn. Cliffs:
- 16.9 Holmes Road: **P**
- 14.0 Rte. 7
- 12.2 S. Egremont Road: **P**
- 9.5 Jug End Road: **P**
- 8.4 Jug End:
- 6.1 Glenn Brook: **S**
- 6.0 The Hemlocks: **S**
- 4.9 Mt. Everett:
- 4.2 Race Bk Falls Trail: (.4m)
- 3.1 Mt. Race:
- 1.4 Laurel Ridge:
- 0.0 Sages Ravine:

Start mileage at Connecticut Border

For information on:

Outdoor recreation in MA
Write to:
DCR Regional Headquarters
Box 1433, Pittsfield, MA 01202
or visit mass.gov/dcr

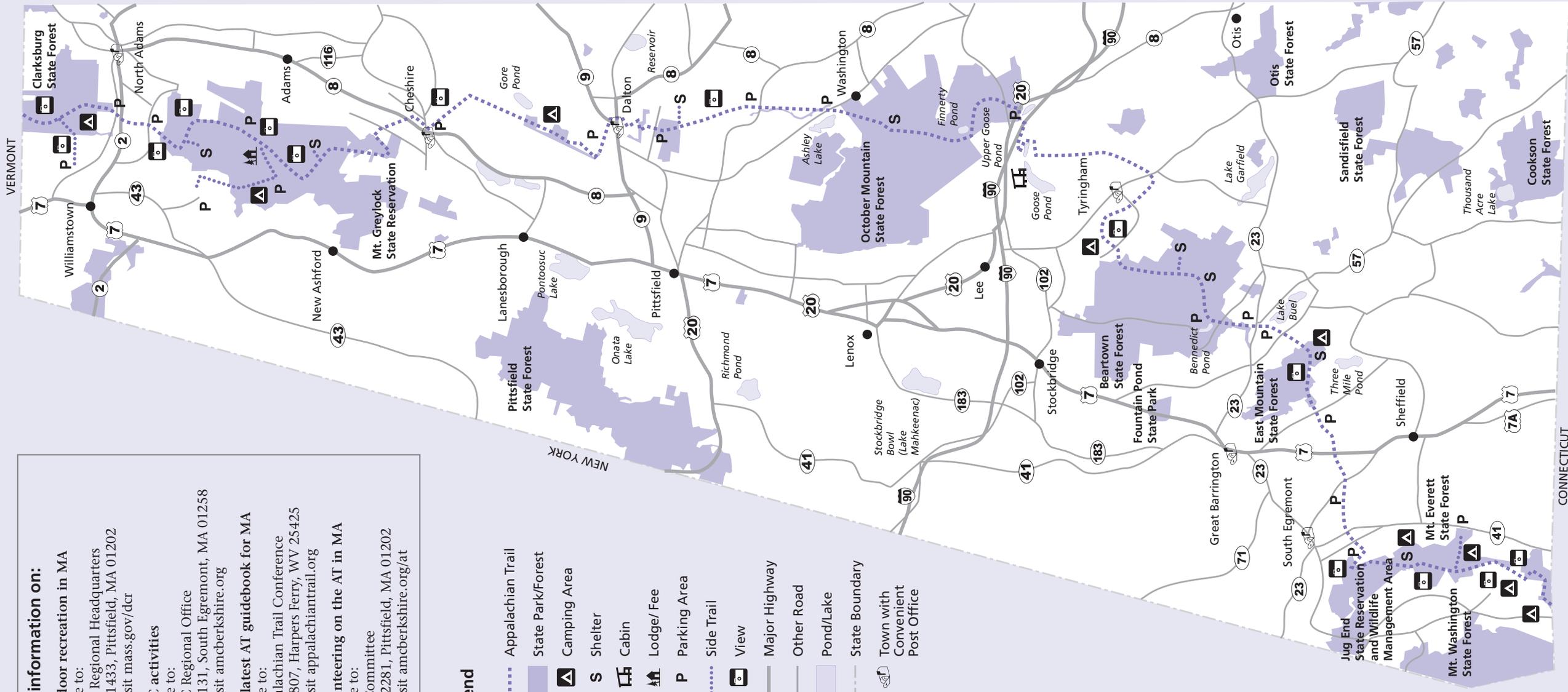
AMC activities
Write to:
AMC Regional Office
Box 131, South Egremont, MA 01258
or visit amcberkshire.org

The latest AT guidebook for MA
Write to:
Appalachian Trail Conference
Box 807, Harpers Ferry, WV 25425
or visit appalachiantrail.org

Volunteering on the AT in MA
Write to:
AT Committee
Box 2281, Pittsfield, MA 01202
or visit amcberkshire.org/at

Legend

- Appalachian Trail
- State Park/Forest
- Camping Area
- S** Shelter
- Cabin
- Lodge/ Fee
- P** Parking Area
- Side Trail
- View
- Major Highway
- Other Road
- Pond/Lake
- State Boundary
- Town with Convenient Post Office



Appalachian Trail

in Massachusetts