

Self-Direction Training Modules

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An Overview of Self-Determination and DDS Models

This power point training is mandatory for all DDS staff and gives examples and brief definitions for self-directed programs and their impact.

Training Duration: Forty-five minutes (PACE training)

Audience: DDS Staff, (Could be used as a paper overview in other venues)

Self-Direction- Introduction for New Service Coordinators

The Service Coordinator Training Institute is a training venue for new service coordinators. The institute arranges a variety of speakers on topics that relate to the service coordinator job duties. Self-Direction is offered as a part of the institute and taught by a current support broker or self-direction manager. The teacher offers a brief overview of self-direction and self-determination concepts as well as examples of how an individual can self-direct.

Training duration: one hour (as part of a larger agenda)

Audience: New Service Coordinators

Introduction to Self-Direction

The training will give staff, individuals, and families an overview of self-direction by describing the Participant Directed Program and Agency with Choice. The concepts of self-direction and self-determination will be reviewed along with examples of those services. Individuals and families who are self-directing services may present their own stories and answer questions. DDS staff will describe the area office structure and briefly outline the process of self-direction (assessment, prioritization, area office allocation.) This training module can be adapted to the audience's particular interest.

Training duration: Two hours

Audience: Individual and Family Groups, Transition Forums, School Presentations, Board Presentations, Breakout Sessions at Conferences

What is Self-Direction?

This training is geared toward self-advocates and will review the concept of choice and control with interactive exercises. Individuals will present their experiences in self-direction whenever possible. The area office structure and next steps (if interested) will be outlined.

Training duration: Two hours

Audience: Self-Advocates, (Could include conferences geared toward self-advocates)

Recruiting, Hiring, Training, Supervising My Staff

Self-advocates who are directing their own supports will receive support and information on all aspects of managing their staff. Participants will have an opportunity to share best practices with each other. Specific topics of interest could be addressed through speakers. These sessions are most likely to occur locally.

Training Duration: Two hours, (Could develop as a series of trainings)

Audience: Self-Advocates, Family Members, (Could be a combination of self-advocates and family members)

Support Broker Training

This training will provide staff with in-depth, hands-on knowledge of person-centered thinking and approaches along with the specific array of services that can be directed. Support brokers provide various levels of support to individuals so future brokers will learn how to enroll individuals, process provider applications, and support individuals to manage their staff. Participants will learn the budgeting process, learn how to resolve payment issues and work in the budget portal. There will be opportunities to discuss specific examples at every juncture and to exchange ideas and information.

Training duration: Two– three days

Audience: Support Brokers, Potential Support Brokers