



# Commonwealth of Massachusetts

Executive Office of Health and Human Services

Department of Developmental Services

**DMR - Central/West Regional Office**  
**140 High Street**  
**Springfield, MA 01105**  
**413-205-0800**

## **FROM MASS TURNPIKE EAST OR WEST:**

Take Exit #6. Turn left at exit; merge onto I-291 W toward Springfield/I-91/Chicopee Falls. Take Exit #4 toward St James Ave/Chicopee Falls. Turn left onto Page Blvd. Turn slight left onto St. James Ave. St James Ave becomes Oak St. Turn right onto Union St. (Park in Baystate Parking area/Union Street - across from 140 High Street.)

## **FROM ROUTE 20 EAST (WILBRAHAM):**

Stay on Boston Road (Rt.20). Boston Road becomes State St. Turn left on Walnut St. Take first right onto Union St then take next right onto High St, 140 High St. is on right. (Park in Baystate Parking area/Union Street - across from 140 High Street.)

## **FROM THE WEST:**

Stay on Rt. 20 into West Springfield. Follow Rt.20 and take 2<sup>nd</sup> exit on rotary, Rt.20E, stay straight to go onto Rt.20E over bridge. Turn slight right onto Main St. Springfield. Continue to State St. and turn left. Follow State St. for about 0.4 miles and turn right onto School St. Take first left onto High St. 140 high St. is on the left. (Park in Baystate Parking area/Union Street - across from 140 High Street.)