

Module 1: Introduction to the Massachusetts Board of Registration in Nursing and the regulation of advanced nursing practice.

Suggested minimum time for delivery of content: 1 hour

Goal: To introduce the APRN student to the legal framework for safe, effective and competent advanced nursing practice.

Objective	Topical Outline	Sample Resources
<p>At the conclusion of this unit, the student-learner will:</p> <ol style="list-style-type: none"> 1. Describe the constitutional basis for the regulation of nursing practice by the federal and state government and the purpose of nurse licensure. 2. Discuss the key milestones in nurse regulation history 3. Describe the mission of the Massachusetts Board of Registration in Nursing (BRN) in public health protection. 4. List the duties of the BRN as specified at General Law, chapters 13 and 112. 5. Discuss how the BRN's regulations provide a framework for safe and effective nursing care 6. Explain the eligibility criteria to qualify for Board authorization to practice advanced nursing in Massachusetts. 	<p>Delivered via lecture/discussion:</p> <p>Overview of Nursing Regulation and Licensure in the United States</p> <ul style="list-style-type: none"> • Role of the federal government as specified by US Constitution • State constitutions separate powers • Delegation of regulatory authority by state legislatures to boards within executive branch • BRN placement within state government <p>History of MA BRN BRN mission BRN activities</p> <p>Milestones in nursing regulation</p> <p>Statutes and regulations: definitions, purpose</p> <p>BRN statutory authority (relevant sections of MGL c. 13 and 112)</p> <p>Purpose of nurse licensure and APRN authorization.</p> <p>Qualification for MA APRN authorization according to GL c. 112, s. 80B and the regulations at 244 CMR 4.00</p>	<p>NCSBN Learning Extension > <i>Massachusetts Nurse Practice Act</i> [www.learningext.com]</p> <p>Board Vision, Mission and Activities</p> <p>Historical timeline</p> <p>Acts of 1910</p> <p>Massachusetts General Laws ("G.L.")Chapter 13, section 14 and Chapter 112, sections 74, 74A, 80B, 80C, 80D, 80E, 80G, 80H, 80I</p> <p>244 CMR 4.00</p> <p>Organizational Outline</p> <p>Suggested Student Activity</p> <p>Post content exam</p>

Module 2: Standards of Conduct

Suggested minimum time for delivery of content: 3 hour

Goal: To insure that the APRN student, as an authorized advanced practice registered nurse, will engage in the practice nursing in the Commonwealth in accordance with the Standards of Conduct at 244 CMR 9.00.

Objective	Topical Outline	Sample Resources
<p>At the conclusion of this unit, the student-learner will:</p> <ol style="list-style-type: none"> 1. Discuss the concept of Good Moral Character and the questions posed by the Board's APRN application. 2. Review CORI information. 3. Discuss how the BRN's Standards of Conduct provide a framework for safe and effective nursing care. 4. Discuss the attributes of good moral character as identified by the BRN in its Licensure Policy 00-01: <i>Initial Nurse Licensure by Examination or by Reciprocity: Determination of Good Moral Character</i> (GMC Policy). 5. Identify three (3) examples of conduct demonstrating the absence of good moral character as identified in the BRN's GMC Policy. 6. Cite five (5) examples of criminal convictions which permanently exclude an applicant from initial Massachusetts nurse licensure. 7. Identify the period in which an applicant for initial Massachusetts nurse licensure with a criminal conviction is temporarily excluded from licensure. 	<p>Delivered via lecture/discussion:</p> <p>244 CMR 9.02 Definitions</p> <p>244 CMR 9.03 Standards r/t nurse identification including (8), (22), (27), (30), (31), (32), (33), and (34)</p> <p>244 CMR 9.03 Standards r/t nursing practice at definitions and (5), (9,) (12), (14), (16), (17), (19), (44)</p> <p>244 CMR 9.03 Standards r/t professional boundaries including definitions and (13), (15), (19), (20), (21), (23), (24), (25), (43)</p> <p>244 CMR 9.03 Standards r/t practice while impaired including definition and (36)</p> <p>244 CMR 9.03 Standards r/t maintenance of controlled substances including definitions, (35), (38), and (39)</p> <p>244 CMR 9.03</p>	<p>244 CMR 9.00 [www.mass.gov/dph/boards/rn; click on "Rules and Regulations - 244 CMR"]</p> <p>244 CMR 7.00 [www.mass.gov/dph/boards/rn; click on "Rules and Regulations - 244 CMR"]</p> <p>244 CMR 4.00 [www.mass.gov/dph/boards/rn; click on "Rules and Regulations - 244 CMR"]</p> <p>CORI information [www.mass.gov/dph/boards/rn; click on "Licensing", then "Good Moral Character"]</p> <p>Complaint Form</p> <p>Information on filing a complaint</p> <p>Case Study – APRN Practice without Appropriate Knowledge</p> <p>Case Study - Failure to Adhere to Professional Boundaries</p>

<p>8. Differentiate between legal regulation and professional standards of nursing practice</p> <p>9. Discuss the advanced practice registered nurse's responsibility and accountability for:</p> <ul style="list-style-type: none"> • assuming only those duties and responsibilities within his or her scope of practice and for which he or she has acquired and maintained the necessary competencies; • performing nursing techniques and procedures only after appropriate education and demonstrated clinical competency; • adhering to standard precautions and principles of asepsis and infection control; • safeguarding patient information as well as the patient's dignity and right to privacy; • participating in research protocols in accordance with standards for the protection of human subjects; and • making complete, accurate and legible entries in all records required by federal and state laws and regulations, and accepted standards of nursing practice. <p>10. Describe the advanced practice registered nurse's role in:</p> <ul style="list-style-type: none"> • providing non-discriminatory nursing care; • establishing and maintaining professional boundaries with any patient with whom he or she has a 	<p>Standards r/t patient abuse, abandonment, neglect including definitions and (15)</p> <p>244 CMR 9.03 Standards r/t Duty to Report to the Board (26)</p> <p>244 CMR 9.04 Standards r/t APRN</p> <p>Board Policies</p> <p>244 CMR 7.00 Action on Complaints</p> <p>244 CMR 4.00 Requirements for APRN authorization</p>	<p style="text-align: center;">Suggested Student Activity</p> <p>Complete a complaint form [www.mass.gov/dph/boards/rn; click on "Complaint Resolution", then "Information of Filing a Complaint"]</p> <p>Post content exam</p>
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<p>nurse/patient relationship; and</p> <ul style="list-style-type: none"> • limiting one's own practice when self-restrictions and/or accommodations are not sufficient to enable safe nursing practice due to physical or mental illness including substance abuse. <p>11. Explain the advanced practice registered nurse's responsibility for maintaining the security of controlled substances under his or her control.</p> <p>12. Recognize three (3) clinical situations which reflect patient abandonment according to 244 CMR 9.15.</p> <p>13. Cite three (3) examples of patient abuse as defined at 244 CMR 9.02.</p> <p>14. List the three (3) clinical situations as specified at 244 CMR 9.03(26) in which a licensed nurse is required to report the practice of another nurse to the BRN.</p> <p>15. Describe the non-disciplinary and disciplinary actions the Board may take when a complaint is filed against a licensed nurse as identified at 244 CMR 7.03, 7.04 and 7.05.</p>		
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Module 3: Preparing for practice as an Advanced Practice Registered Nurse (APRN): Board Authorization

Suggested minimum time for delivery of content: 1 hour

Goal: To enable the APRN student, as a graduate of an advance practice nursing education program, to successfully apply for initial Massachusetts APRN authorization.

Objective	Topical Outline	Sample Resources
<p>At the conclusion of this unit, the student-learner will:</p> <ol style="list-style-type: none"> 1. Summarize the educational preparation required for entry into practice as an APRN. 2. Differentiate between the legal scopes of RN and APRN practice. 3. Identify the professional certifying organization for your category of Advanced Practice Nursing and log onto their website, navigate for and identify certification and recertification requirements. 4. Discuss certification requirements. 5. Identify, pursuant to 9.03(44), how to document name and credentials on legal documentation 6. Apply documentation requirements in selected clinical practice situations. 7. Demonstrate license verification on the Board's web site 8. Identify the requirements for and frequency with which a Massachusetts nursing license and APRN authorization must be renewed. 9. Discuss renewal process 	<p>Delivered via lecture/discussion and independent reading:</p> <p>Definition and implications of legal scopes of nursing and advanced nursing practice using 244 CMR 4.00.</p> <p>Educational preparation for RN and APRN practice according to statute and regulation using definition in 244 CMR 4.00.</p> <p>Board requires certification. Certifying organization has additional educational standards.</p> <p>244 Code Massachusetts Regulations (CMR)</p> <ul style="list-style-type: none"> 3.01 Definition – Registered Nurse 3.02 Responsibilities & Functions – RN 4.00 Massachusetts Regulations Governing Advanced Practice Nursing 9.00 Code of Conduct <p>244 CMR 4.00 MA Regulations Governing Advanced Practice Nursing</p> <p>Board recognized categories of APRN</p> <ul style="list-style-type: none"> ▪ CNP ▪ PCNS ▪ CRNA 	<p>244 CMR 3.00, 4.00, and 9.00 [www.mass.gov/dph/boards/rn; click on "Rules and Regulations - 244 CMR"]</p> <p>"G.L." 112, s. 80B, 80C, 80D, 80E, 80G, 80H, 80I [www.mass.gov/legis/laws/mgl/index.htm]</p> <p>Compliance with the Regulations at 244 CMR 4.00 audit tool</p> <p>APRN Application for authorization form [www.pcshq.com]</p> <hr/> <p style="text-align: center;">Suggested Student Activity</p> <p>Successful completion of the application for authorization</p> <p>Verify a license on the Board's web site</p> <p>Situational Role Play</p> <p>Clinical Performance</p>

<p>10. Access and navigate the Board's website. Navigate for and identify APRN frequently asked questions.</p>	<ul style="list-style-type: none"> ▪ CNM ▪ CNS ○ Eligibility: <ul style="list-style-type: none"> ▪ Graduation from formal education program which has as its objective the preparation of nurses to practice in a defined advanced practice role ▪ Current MA registered nurse licensure ▪ Determination of GMC ▪ Attainment of certification from a nationally recognized accrediting body approved by the Board in a category recognized in regulation ▪ Payment of fees • In all records required by federal and state laws and regulations and accepted standards of nursing practice <ul style="list-style-type: none"> ○ Must be accurate, complete, legible ○ Sign name and initials as they appear on your license (CNP, PCNS, CRNA, CNM, CNS) • May use certification credentials on business cards, stationary, advertisements, and other similar correspondence <p>244 CMR 9.03(6) – compliance with Laws and Regulations related to Nursing</p> <p>Massachusetts APRN authorization</p>	
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	<p>application process</p> <ul style="list-style-type: none">• Authorization application and instructions for completion from Professional Credentialing Services (PCS) <p>Recertification</p> <ul style="list-style-type: none">• Current MA registered nurse licensure• Current certification from a nationally recognized accrediting body approved by the Board in a category recognized in regulation• Attesting to compliance with Board laws, regulations• Payment of fees	
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Module 4: Competence: Legal Requirement for APRN Scope of Practice

Suggested minimum time for delivery of content: 3 hours

Goal: To insure that the APRN student, as an advanced practice registered nurse, will continue to acquire and maintain the knowledge, skills and abilities necessary for the delivery of safe APRN practice in accordance with accepted standards of APRN practice.

Objective	Topical Outline	Sample Resources
<p>At the conclusion of this unit, the student-learner will:</p> <ol style="list-style-type: none"> 1. Define the terms “Competence” and “Standards of Nursing Practice” as specified at 244 CMR 9.02. 2. Explain the purpose of the continuing education requirement for renewal of a Massachusetts nursing license as specified at GL, c. 112, ss. 74. 3. Discuss the advance practice registered nurse’s responsibility and accountability for his or her nursing judgments, actions and competency. 4. Differentiate between the four categories of Board identified advance practice registered nurse domains. 5. Discuss the requirement to maintain current certification through a Board approved professional certifying organization as specified at 244 CMR 9.04(4). 6. Explain the requirements for practice and continuing education to maintain certification through a Board approved professional certifying 	<p>Delivered via independent reading, case presentation</p> <p>"G.L." 112, s. 74, 74A, and 80B Principles of responsibility and accountability</p> <ul style="list-style-type: none"> • Public’s expectation of <i>licensed</i> nurse and authorized APRN • BRN’s role in assuring licensed nurse and APRN meet minimum competence standards throughout professional career • Advanced practice registered nurse’s assessment of learning needs based on current practice <p>Board continuing education mandates 15 contact hours during each renewal period (2 years) to maintain RN license.</p> <p>Professional certifying organization has additional requirements for continuing education and practice that must be accomplished during specified periods of time to maintain certification.</p> <p>Certification must be maintained in order to continue with Board authorization to</p>	<p>"G.L." 112, s. 80B, 80C, 80D, 80E, 80H [www.mass.gov/legis/laws/mgl/index.htm]</p> <p>244 CMR 9.00 and 5.00 [www.mass.gov/dph/boards/rn; click on "Rules and Regulations - 244 CMR"]</p> <p>Decision Making Guidelines [www.mass.gov/dph/boards/rn; click on "Nursing Practice" > "Decision Making Guidelines"]</p> <p>National Council of State Boards of Nursing paper on Continued Competency [www.ncsbn.org/pdfs/Continued_Comp_Paper_TestingServices.pdf]</p> <p><u>For Nurse Practitioners:</u></p> <ul style="list-style-type: none"> • American Academy of Nurse Practitioners (AANP) www.aanpcertification.org • American Nurses Credentialing Center (ANCC) www.nursecredentialing.org • National Certification Council (NCC) www.nccwebsite.org • Pediatric Nursing Certification Board (PNCB) www.pncb.org • American Association of Critical-Care Nurses (AACN) Certification

<p>organization.</p> <ol style="list-style-type: none"> 7. List three (3) examples of subject matter that qualifies as acceptable continuing education for APRN. 8. Identify the number of contact hours required to comply with the statutory continuing education requirement and the period during which they must be obtained for licensure renewal. 9. Identify the number of contact hours required to comply with certification renewal and the period during which they must be obtained for certification renewal. 10. Cite three (3) examples of professional development activities that promote competence based on the advanced practice registered nurse's assessed learning needs. 11. Describe the advanced practice registered nurse's responsibility pertaining to maintaining records of continuing education. 12. Using <i>Decision-Making Guidelines</i>, determine whether or not a specific nursing activity is within the scope of practice. 	<p>engage in practice in the advanced role.</p> <p>5.02 Continuing Education 5.04 Criteria of Qualification of Continuing Education Programs/Offerings 5.05 Responsibility of Individual Licensee 9.04 Standards of Conduct for APRN</p>	<p>Corporation www.aacn.org</p> <p><u>For Psychiatric Clinical Nurse Specialists:</u></p> <ul style="list-style-type: none"> • American Nurses Credentialing Center (ANCC) www.nursecredentialing.org <p><u>For Nurse Midwives:</u></p> <ul style="list-style-type: none"> • American Midwifery Certification Board (AMCB) aka American College of Nurse Midwives (ACNM) www.amcbmidwife.org <p><u>For Nurse Anesthetists:</u></p> <ul style="list-style-type: none"> • Council on Certification and Recertification of Nurse Anesthetists (CCRNA) aka American Association of Nurse Anesthetists (AANA) www.aana.com <p><u>For Clinical Nurse Specialists:</u></p> <ul style="list-style-type: none"> • <u>American Nurses Credentialing Center (ANCC)</u> • American Association of Critical Care Nurses Certification Corporation (AACN) <p>Case Study - APRN practice without adhering to requirements</p> <hr/> <p style="text-align: center;">Suggested Student Activity</p> <p>Attendance at a Board of Registration in Nursing meeting</p> <p>Development of system to track continuing education</p> <p>Clinical performance</p>
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Module 5: Guidelines: Preparing for Practice as an Advance Practice Registered Nurse with Prescriptive Practice

Suggested minimum time for delivery of content: 2 hour

Goal: To enable the APRN student, as a graduate of an advance practice nursing education program, to successfully apply for initial Massachusetts APRN authorization.

Objective	Topical Outline	Sample Resources
<p>At the conclusion of this unit, the student-learner will:</p> <ol style="list-style-type: none"> Recall the purpose of nurse licensure, and the eligibility criteria to qualify for Massachusetts advanced practice registered nurse authorization as specified at GL c. 112, ss. 74 and 80B and regulations 244 CMR 8.02, 8.03 and 4.00. Identify the four categories of Advanced Practice Registered Nursing recognized in 244 CMR 4.00. Define “controlled substance” per MGL 94C Log onto MA Drug Control Program and Federal Division of Food and Drug web sites Identify the six schedules of controlled substances in MA and summarize each category Summarize the contents of and security standards for prescription pads Explain the additional educational requirements for APRN with prescriptive practice. 	<p>Delivered via lecture/discussion, independent reading</p> <p>244 CMR 4.00 MA Regulations Governing Advanced Practice Nursing</p> <p>Role of Federal DEA</p> <p>Role of MA Drug Control Program</p> <p>M.G.L. c. 94C Controlled Substances Act</p> <p>105 CMR 700.000 Implementation of M.G.L. 94C</p> <ul style="list-style-type: none"> o Review definitions o Review schedules I-VI (700.002) o APRN requirements [700.003(c)] <p>105 CMR 721.000 Standards for Prescription Format and Security</p> <ul style="list-style-type: none"> o Demonstrate “how to write a prescription” <p>244 CMR 4.00 Review MA Regulations pertaining to self-prescribing and prescribing for family members</p>	<p>244 CMR 4.00 and 244 CMR 9.00 [www.mass.gov/dph/boards/rn; click on "Rules and Regulations - 244 CMR"]</p> <p>M.G.L. 112, s. 80B, 80C, 80D, 80E, 80H, 80I [www.mass.gov/legis/laws/mgl/index.htm]</p> <p>M.G.L. c. 94C [www.mass.gov/legis/laws/mgl/index.htm]</p> <p>105 CMR 700.000 [www.mass.gov/dph/dcp; click on Massachusetts Controlled Substances Registration (MCSR) and Statutes, Regulations and Policies]</p> <p>105 CMR 721.000 [www.mass.gov/dph/dcp; click on Statutes, Regulations and Policies]</p> <p>Federal Drug Enforcement Agency information [www.mass.gov/dph/dcp; click on Drug Enforcement Administration]</p> <p>244 CMR 4.00 and 244 CMR 9.00 [www.mass.gov/dph/boards/rn; click on "Rules and Regulations - 244 CMR"]</p> <p>Prescriptive Practice Information</p>

<ol style="list-style-type: none"> 8. Describe the regulation of controlled substances by federal and state government for the purpose of prescribing. 9. Define “controlled substance” according to MGL Chap. 94C. 10. Explain the difference between state and federal registration for controlled substance. 11. Summarize the requirements for guideline development, approval and review using 244 CMR 4.00. 12. Define “Collaboration” and “Supervising Physician” using 244 CMR 4.00. 13. Identify the elements that must be included in guidelines for prescriptive practice. 14. Discuss documentation methods that serve to substantiate compliance with required elements of supervising physician review. 15. Discuss appropriate and legal notification responsibilities when there is a change in supervising physician. 16. Discuss the standards for prescription format and security in Massachusetts. 17. Discuss issues of self-prescribing and prescribing for family members. 		<p><u>For Nurse Practitioners:</u></p> <ul style="list-style-type: none"> • American Academy of Nurse Practitioners (AANP) www.aanpcertification.org • American Nurses Credentialing Center (ANCC) www.nursecredentialing.org • National Certification Council (NCC) www.nccwebsite.org • Pediatric Nursing Certification Board (PNCB) www.pncb.org • American Association of Critical-Care Nurses (AACN) Certification Corporation www.aacn.org <p><u>For Psychiatric Clinical Nurse Specialists:</u></p> <ul style="list-style-type: none"> • American Nurses Credentialing Center (ANCC) www.nursecredentialing.org <p><u>For Nurse Midwives:</u></p> <ul style="list-style-type: none"> • American Midwifery Certification Board (AMCB) aka American College of Nurse Midwives (ACNM) www.amcbmidwife.org <p><u>For Nurse Anesthetists:</u></p> <ul style="list-style-type: none"> • Council on Certification and Recertification of Nurse Anesthetists (CCRNA) aka American Association of Nurse Anesthetists (AANA) www.aana.com <p><u>For Clinical Nurse Specialists:</u></p> <ul style="list-style-type: none"> • <u>American Nurses Credentialing Center (ANCC)</u> • American Association of Critical Care Nurses Certification Corporation (AACN) <p>Compliance with the Regulations at 244 CMR 4.00 audit tool</p> <p>MA APRN authorization application and instructions from Professional Credentialing Services (PCS) www.pcshq.com</p>
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